

# Fired Up Fit Team

COACH TRAINING

PRESENTED BY: EMBER NEVILL

## New Coach Email

You will be receiving a copy of this in your package from me but, can also be found in your back office:

- Go to [www.teambeachbody.com](http://www.teambeachbody.com)
- Log in with your email address and password
- Click on COACH then Coaches Online Office
- Then go to News & Training, Coach Training Academy, then Business Basics
- Click on 7 Day Quick Start Guide. There are many ways to view this document in addition to a few company videos.

Please watch these videos from me on getting started and again, we are so excited to have you. :)

<https://www.youtube.com/user/emberneville/videos>

Please drop by and request to be a part of Ember's Fired Up Fit Coaches:

<https://www.facebook.com/groups/embersteam/>

and my personally sponsored coaches:

<https://www.facebook.com/groups/874232912619874/>

## CHECKLIST FOR NEW COACHES...

1. Create your profile, supplying as much information as possible
2. Register on [www.platinumpresenters.com](http://www.platinumpresenters.com). Create log-in name and password
3. Go to "Start Here" tab in your back office. Your back office is located at [www.teambeachbody.com](http://www.teambeachbody.com) where you add your email address and password . Then click COACH / Coach's Online Office and you are there! Please also, spend some time exploring your back office.
4. Schedule a meeting with me, your upline coach. Keep a running journal of questions and thoughts you have, bring these to your meeting.
5. Get active on Home Direct Shakeology (done) and let me know when you receive my package :)



Yes this is a jam-packed email but worth every second! Please keep it in a Beachbody file and we will refer back to it.

Welcome to the team!! Now, ..... this is aLOT of info and by no means needs to be absorbed overnight or even in a week. I'm sure you're busy! Most take about a month to really start to get how it works, some shorter some longer..some one day. It's up to you and your drive and time limits. Nothing you do or don't do will negatively impact me, or the team so don't feel ANY pressure from me.

You probably already realize this but, your retail site is [www.BeachbodyCoach.com/YourScreenName](http://www.BeachbodyCoach.com/YourScreenName) and it should already be ready to go! You can send people to it or visit it yourself to see what they see (you can also see it and edit it from your Online Office explained below). So obviously THAT is where you send people to check out your site, or the Domain Name you buy that links to it, to buy products/sign up to be a customer of yours, or join you as a coach! If you want to buy a Domain Name like my [turbobarbie.com](http://turbobarbie.com) (\$10/yr on [GoDaddy.com](http://GoDaddy.com)), then the instructions for that are in the manual attached too.

I have attached a business Activities tracker and have many documents on the Family Facebook page. Please ask to join the group <https://www.facebook.com/groups/embersteam/> and my Personally Sponsored Page <https://www.facebook.com/groups/874232912619874/> This is where we communicate, learn and post. When you can, please look at the UPDATED SHAKEOLOGY SAVINGS as well as the COACH VIDEOS document when you can.

You automatically have a Coach Online Office aka "backoffice" to manage your business, see your commissions, see new customers, email customers, send Ecards, etc. To see that stuff, just go to [www.Teambeachbody.com](http://www.Teambeachbody.com) <<http://www.teambeachbody.com/>> and log in with your email and password. Then click COACH >Coach Online Office to see the world of coaching resources : )

Going to "Start Here" would be a good place to begin and you can sign up for direct deposit under EFT in that tab. If you don't sign up for direct deposit, you



ill receive a check in the mail. I recommend getting your first check via mail-hard copy style and take a selfie! This calls for celebration! After you get your first check selfie set up EFT

Next - Please go to the NEWS & TRAINING tab in your back office and check out the training available to you

This is when you log in to:

- [www.teambeachbody.com](http://www.teambeachbody.com)
- Log in - Email address & password
- Scroll over COACH and click on the drop down menu "Coaches Online Office"
- Click on the News & Training tab. This is something you can access at anytime to learn from and we will also go through trainings but, I want you to have full knowledge of where everything can be found.

If you have not already, create an account on [www.PlatinumPresenters.com](http://www.PlatinumPresenters.com) <<http://www.platinumpresenters.com/>> (you are actually already a part of this group and so is anyone that joins you, but need to join on the site to get access to Coaching info/tips/webinar info, etc). There's absolutely no cost associated with that membership or group.

Send your coach prospects to this site (or to your own site) to check out what the Coaching opportunity is all about. All they have to do is go to [www.PlatinumPresenters.com](http://www.PlatinumPresenters.com) <<http://www.platinumpresenters.com/>> >Business Presentations to see a webinar on coaching. Then just follow up with them to see if they have questions. If you can't answer them, just ask me! :) There is ALWAYS a Tuesday night webinar explaining the business to them FOR YOU.

WEEKLY CALLS - We have quite a few calls you can choose to be a part of each week and while I do not think you need to be on all, it would be a great idea to be on at least one a week and try to listen to a recorded call once a week, as well.

- Monday 10am CST - National Coach call from Headquarters -
- My TEAM call - Monday 8:00pm CST - call info is posted in the facebook group weekly



- Thursdays - Platinum Presenter's conference call EVERY 8:30CST [605-475-6720](tel:605-475-6720) Access Code - 620464#

Once you've absorbed some of that, a good goal for your first couple of weeks aside from getting to know things, is to reach out to a few people and let them know what you are doing. This can be with a text, via Facebook, etc. just as more of a FYI purpose and start to gently post your workouts, the programs, Shakeology in conjunction with your normal postings. Also, if you are not on Facebook and Instagram, I highly recommend getting on for business purposes since we suggest (and most of my business comes from social media) using Social Media as an avenue for this business. We have calls and info on how best to use your time on these and also, want you to watch and see what other successful Coaches do in this business. :)

A good goal for your first month or two is to become an Emerald ranked Coach (getting at least 2 others to join you). This will make you eligible for team bonuses, which will be small if anything at first, but add up over time if you keep building a team and your team is building a team. Plus, as an Emerald, you'll be eligible for the Customer Lead Program, where BB assigns you customers.. almost daily. So being Emerald is a HUGE first step. Some do it in a couple weeks just signing up a spouse and a friend, others take months or even a year to add 2 coaches... it's 100% up to you but growing this business slow is not nearly as fun as it is growing it FAST.

Remember, just as a reminder, you actually have 4 websites:

- 1) Your RETAIL website to send your customers, [www.BeachbodyCoach.com/YourScreenName](http://www.BeachbodyCoach.com/YourScreenName) <<http://www.beachbodycoach.com/YourScreenName>> (English & Spanish)
- 2) Your Retail website that is mainly focused on Shakeology : [www.MyShakeology.com/YourScreenName](http://www.MyShakeology.com/YourScreenName) <<http://www.myshakeology.com/YourScreenName>> (English & Spanish)
- 3) Your home base is [www.TeamBeachbody.com](http://www.TeamBeachbody.com) <<http://www.teambeachbody.com/>> . Once logged in, you'll see your wholesale STORE - where YOU buy from, access to WOWY the online gym, and your COACH OFFICE. This is where YOU go to manage your business.

And remember, this is a business of duplication, so feel free to copy everything and anything I do.. my tweets, posts, videos about the business,



whatever! For example, you might want to save this email for YOUR new coaches when you have them : )

Again, no worries, all of this will start to click in time! Can we set up a time to talk over the phone to go over basics of things and answer any question's you may have? Please let me know what days/times work for you!

Thanks!

Feel Free to visit my website at [www.turbobarbie.com](http://www.turbobarbie.com), Facebook.com/emberneville and Instagram - emberneville

